

Comm(YOU)nity

A SUPPORT & EDUCATION GROUP

FOR SURVIVORS LIVING WITH CHRONIC HEALTH CONDITIONS

Many survivors experience chronic health conditions that interfere with the quality of life. During Comm(YOU)nity, we explore ways to live well, be informed self-advocates, address stigma and the health disparities that challenge well-being.

Sessions feature informational workshops, seminars, listening sessions, and guest speakers.

Register at: HopeWorksOfHC.org/events

Sunday, August 4, 2024	3pm to 5pm
Sunday, October 6, 2024	3pm to 5pm
Sunday, January 5, 2025	3pm to 5pm
Sunday, April 6, 2025 (in-person)	3pm to 5pm

sessions are virtual except where noted



HopeWorks' mission is to support and advocate for people in Howard County affected by sexual and intimate partner violence and to engage the community in creating the change required for violence prevention.