

a survivor self-care circle for black women

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# LOVED

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Join us as we address “triple jeopardy”; the exploitation and oppression experienced by survivors who are black women. Through engaging and creative activities, we cultivate self-love, sustained acceptance and affirmation, beloved community, and strategies to address the root causes of violence. Sessions are held via Zoom unless noted otherwise.

REGISTER AT:

[hopeworksofhc.org/events](https://hopeworksofhc.org/events)



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Sessions feature expressive-arts techniques, guided discussions, seminars, and guest speakers.

Saturday, October 26, 2024 (Zoom)

Saturday, February 22, 2025 (Zoom)

Saturday, April 26, 2025 (Zoom)

Saturday, June 28, 2025 (In-person)

*HopeWorks' mission is to support and advocate for people in Howard County affected by sexual and intimate partner violence and to engage the community in creating the change required for violence prevention.*